

The Art of Wellness

Mental Health Awareness Fair

FREE, FAMILY-FRIENDLY & OPEN TO THE PUBLIC

Join us for a family-friendly, interactive event that showcases various mental health and wellness programs available throughout Riverside County. Discover a wealth of resources that support mental and behavioral health, substance use prevention and treatment, overall wellness, and more.

**MAY
1**

PALM DESERT

Palm Desert Civic Center Park
11:30 AM - 4:30 PM

**MAY
8**

SAN JACINTO

Valley-Wide Recreation & Park District
11:30 AM - 4:30 PM

**MAY
15**

RIVERSIDE

Fairmount Park
11:30 AM - 4:30 PM

Event Highlights

Entertainment
Guest Speakers
Resources
Free Food



MORE INFO

mimhm@ruhealth.org
bit.ly/25-ArtofWellness



Language services are available free of charge. Call 1-951-486-4320 (TTY: 711).



ASL - Interpreting Services
Provided