

The Art of Wellness

VOLUNTEERS

WANTED

Celebrate May as Mental Health Awareness Month

Join our team of volunteers for a fun and interactive family event! We are looking for individuals passionate about serving others and promoting mental health and wellness in Riverside County. Be a part of our mission to raise awareness and eliminate mental health stigma. Help us make a difference in the lives of those who need it most. Register today!

MAY
1

PALM DESERT

Palm Desert Civic Center Park
11:30 AM - 4:30 PM

MAY
8

SAN JACINTO

Valley-Wide Recreation & Park District
11:30 AM - 4:30 PM

MAY
15

RIVERSIDE

Fairmount Park
11:30 AM - 4:30 PM

LUNCH AND SNACKS ARE PROVIDED. VOLUNTEERS ALSO GET EVENT T-SHIRTS

 **Riverside University**
HEALTH SYSTEM
Behavioral Health

We need help with:

- Event set-up
- Handing out food & swag
- Assisting exhibitors and guests
- Event tear-down and clean-up

REGISTER

bit.ly/25-ArtofWellnessVolunteer



Language services are available free of charge. Call 1-951-486-4320 (TTY: 711).



ASL - Interpreting Services
Provided